# Heritability estimation in high dimensional mixed models

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# Heritability

- Heritability of a biological trait: Proportion of phenotypic variance explained by genetic factors.
- Estimation of heritability in human genetics: better understanding of complex diseases, further research for genetic causes...
- Estimation of heritability in animal and vegetal genetics: determination of optimal genotypes to produce a valuable resource.

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Examples of data sets - Quantitative traits

- Vector of observations : 
$$Y = \begin{pmatrix} 102\\181\\...\\175 \end{pmatrix}$$
  
- Predictors : 
$$X = \begin{pmatrix} 17\\32\\...\\25 \end{pmatrix}$$
  
- Matrix of SNPs : 
$$W = \begin{pmatrix} 0 & 1 & \dots & 1\\0 & 2 & \dots & 0\\... & \dots & \dots\\1 & 1 & \dots & 2 \end{pmatrix}$$

Framework of genetic studies,  $n \sim 2000$  individuals,  $N \sim 500000$  SNPs

# Sparse Linear Mixed Model

$$Y = X\beta + Zu + e$$

where

- Y is a vector n imes 1 of observations
- $X\beta$  are the fixed effects
- Z is a random matrix n  $\times$  N, centered and normalized version of W.
- *u* and *e* are the random effects

$$u_i \overset{i.i.d.}{\sim} (1-q)\delta_0 + q\mathcal{N}(0, \sigma_u^{\star 2}) \text{, for all i and } e \sim \mathcal{N}\left(0, \sigma_e^{\star 2} \mathrm{Id}_{\mathbb{R}^n}\right)$$

$$\succ \text{ Estimation of } \eta^{\star} = \frac{Nq\sigma_u^{\star 2}}{Nq\sigma_u^{u^2} + \sigma_e^{\star 2}}.$$

#### Model

### Heritability estimator

Up to considering the projection of Y onto  $(Im X)^{\perp}$ , we focus on the model

Y = Zu + e

In the case q = 1 (no sparsity),

$$Y|Z \sim \mathcal{N}\left(0, \eta^{\star} \sigma^{\star 2} Z Z'/N + (1 - \eta^{\star}) \sigma^{\star 2} \mathrm{Id}_{\mathbb{R}^{n}}
ight).$$

 ${\ \ \ } \hat{\eta}$  is defined as the maximizer of the log-likelihood conditionally to Z :

$$L_n(\eta) = -\log\left(\frac{1}{n}\sum_{i=1}^n \frac{\widetilde{Y}_i^2}{\eta(\lambda_i - 1) + 1}\right) - \frac{1}{n}\sum_{i=1}^n \log\left(\eta(\lambda_i - 1) + 1\right)$$

where 
$$\widetilde{Y} = U'Y$$
 and  $U\frac{ZZ'}{N}U' = diag(\lambda_1, ..., \lambda_n)$ .

Method implemented in the R package HiLMM.

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### Theoretical result

#### Theorem

Let  $\mathbf{Y} = (Y_1, \dots, Y_n)'$  satisfy the sparse LMM with  $\eta^* > 0$  and assume that the random variables  $Z_{i,j}$  are i.i.d.  $\mathcal{N}(0,1)$ . Then for any  $q \in (0,1]$ , as  $n, N \to \infty$  such that  $n/N \to a > 0$ ,

 $\sqrt{n}(\hat{\eta} - \eta^{\star})$ 

converges in distribution to a centered Gaussian random variable with variance

$$\tau^{2}(\boldsymbol{a}, \eta^{\star}, \boldsymbol{q}) = \frac{2}{\widetilde{\sigma}^{2}(\boldsymbol{a}, \eta^{\star})} + 3\frac{\boldsymbol{a}^{2}\eta^{\star 2}}{\widetilde{\sigma}^{4}(\boldsymbol{a}, \eta^{\star})} \left(\frac{1}{\boldsymbol{q}} - 1\right) S(\boldsymbol{a}, \eta^{\star})$$

where  $\tilde{\sigma}^2(a, \eta^*)$  and  $S(a, \eta^*)$  are positive functions, for which closed-form expressions are available.

# Simulation study



Figure: Boxplots of  $\hat{\eta}$  for different values of q when a = 0.01 (right) and different values of  $a = \frac{n}{N}$  when q = 1 (left).

 $\triangleright$  When *a* decreases, that is N >> n, the variance of our heritability estimator increases.

 $\triangleright$  The presence of null components (q < 1) does not influence the estimations.

### Variable selection steps

- Step 1: Empirical correlation computation (SIS, Fan & Lv (2008)). It consists in reducing the number of relevant columns of Z by trying to remove those associated to null components in the vector u. The matrix reduced to the most significant columns is denoted Z<sub>red</sub>.
- Step 2: The LASSO criterion. It consists in minimizing with respect to *u* the following criterion:

$$Crit_{\lambda}(u) = \|Y - Z_{red}u\|_{2}^{2} + \lambda \|u\|_{1}$$

The choice of  $\lambda$  is made according to the **stability selection** method (Meinshausen, 2010).

► R Package EstHer: Variable selection + Heritability Estimation + Computation of standard errors

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# Choice of the threshold in the stability selection step

 $\triangleright$  Each choice of threshold gives a set of selected variables, and then an estimated value of the heritability.



Figure: Absolute difference  $|\eta^* - \hat{\eta}|$  for thresholds from 0.6 to 0.9 and for 100 (left) and 10000 (right) causal SNPs.

 $\rhd$  For 100 causal SNPs, there is a range of thresholds between 0.7 and 0.85 which provide a good estimation for heritability, with 0.78 as optimal threshold.  $\rhd$  For 10000 causal SNPs, there does not exist such a threshold.

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### First results of the variable selection method



Figure: Estimation of  $\eta^*$  using our variable selection method with threshold 0.78 and using no variable selection.

 $\rhd$  For 100 causal SNPs, selecting variables reduces substantially the variance.  $\rhd$  For 10000 causal SNPs, selecting variables creates an important bias.

### Results for different thresholds



Figure: Estimation of the heritability with 95% confidence intervals obtained without selection and with selection and for thresholds between 0.7 and 0.85.

ightarrow 100 causal SNPs: two close thresholds provide similar estimations. ightarrow 10000 causal SNPs: a small change in the threshold causes substantial differences in the estimations.

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# A criterion to decide whether to apply the variable selection or not

Table: Mean value of the number (and proportion) of overlapping confidence intervals for 16 thresholds from 0.7 to 0.85.

| $\eta^{\star}$ | 100 causal SNPs | 1000 causal SNPs | 10000 causal SNPs |
|----------------|-----------------|------------------|-------------------|
| 0.4            | 12.2 (0.76)     | 6.6 (0.41)       | 6.9 (0.43)        |
| 0.5            | 14.9 (0.93)     | 6.6 (0.41)       | 6.3 (0.39)        |
| 0.6            | 16 (1)          | 7.8 (0.48)       | 7.2 (0.45)        |

ightarrow Criterion: If the mean proportion of overlapping thresholds is greater than 0.6, we perform variable selection with threshold 0.78, otherwhise we estimate directly the heritability.

# Application of the criterion

100 causal SNPs 1000 causal SNPs 10000 causal SNPs



Figure: Comparison of our method with the criterion, the methods with and without selection.

 $\triangleright$  Introducing the criterion allows our estimator to have a smaller variance than the estimator without selection when the number of causal SNPs is small, and to have the same behavior when the number of causal SNPs is high.

# Application to brain volume data

Data from the project Imagen: volume of the different regions of the brain from  ${\sim}2000$  adolescents in Europe.



Figure: Different regions of the brain (Toro et al, 2014) and the estimation of heritability for these different regions' volumes.

### Extension to binary data

How to define heritability for binary traits?

Liability model (Falconer, 1965)

$$\mathbf{Y}_i = \mathbb{1}_{\{\mathbf{L}_i > t\}}$$

where

$$\mathbf{L} = \mathbf{Z}\mathbf{u} + \mathbf{e},$$
  
with  $\mathbf{L} = (\mathbf{L}_1, \dots, \mathbf{L}_n)$ ,  $\mathbf{u} \sim \mathcal{N}(0, \sigma_u^{\star 2} I_N)$  and  $\mathbf{e} \sim \mathcal{N}(0, \sigma_e^{\star 2} I_n)$ 

The heritability is defined "at the liability scale", that is

$$\eta^{\star} = \frac{N\sigma_u^{\star 2}}{N\sigma_u^{\star 2} + \sigma_e^{\star 2}}$$

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### Case-control studies

- Specificity of case-control studies: the cases are highly oversampled. The number of patients and controls are similar even for rare diseases.
- Least square method (Golan, 2014) which takes into account this oversampling of the cases:

$$\hat{\eta} = \underset{\eta \in (0,1)}{\operatorname{argmin}} \sum_{i \neq j} (p_i p_j - \mathbb{E}[p_i p_j | \mathbf{Z}, S = 1])^2$$

 $\begin{array}{l} \square \ p_i = \frac{Y_i - P}{\sqrt{P(1 - P)}} \\ \square \ p \ \text{prevalence in the study} \\ \square \ \{S = 1\} \ \text{if individuals } i \ \text{and } j \ \text{are in the study.} \end{array}$ 

 $\rightarrow$  Approximation of  $\mathbb{E}[p_i p_j | \mathbf{Z}, S = 1]$ .

### Approach

$$\mathbb{E}(p_i p_j | \mathbf{Z}, S = 1) = \frac{1 - P}{P} \mathbb{P}(Y_i = Y_j = 1 | \mathbf{Z}, S = 1) - \mathbb{P}(Y_i \neq \mathbf{Y}_j | \mathbf{Z}, S = 1) + \frac{P}{1 - P} \mathbb{P}(Y_i = Y_j = 0 | \mathbf{Z}, S = 1).$$

• Approximation of  $\mathbb{P}(Y_i = Y_j = 1 | \mathbf{Z})$ ,  $\mathbb{P}(Y_i = Y_j = 0 | \mathbf{Z})$ ,  $\mathbb{P}(Y_i \neq Y_j | \mathbf{Z})$ .

$$\mathbb{P}(Y_i = Y_j = 1 | \mathbf{Z}) = \int_t^\infty \int_t^\infty f(x, y) dx dy,$$

where 
$$f(x,y) = \frac{1}{2\pi} |\Sigma^{(N)}|^{-\frac{1}{2}} \exp\left\{-\frac{(x,y)\Sigma^{(N)-1}(x,y)^{t}}{2}\right\}.$$

with 
$$\Sigma^{(N)} = egin{pmatrix} 1 + \eta^{\star} rac{B_i}{\sqrt{N}} & \eta^{\star} rac{C_{i,j}}{\sqrt{N}} \ \eta^{\star} rac{C_{i,j}}{\sqrt{N}} & 1 + \eta^{\star} rac{B_j}{\sqrt{N}} \end{pmatrix}$$

where  $B_i = O_p(1)$ ,  $B_j = O_p(1)$  and  $C_{i,j} = O_p(1)$ .

# Approximation and corresponding estimator

First order approximation:

$$\mathbb{E}(p_i p_j | Z, S = 1) = c G_{i,j} \eta^*$$

where

- 
$$G_{i,j} = \frac{1}{N} \sum_{i=1}^{N} Z_{i,k} Z_{j,k}$$

- c a constant which depends on the prevalence K in the population, the prevalence P in the study and the threshold t.

The heritability estimator has an explicit form

$$\hat{\eta} = \frac{\sum\limits_{i \neq j} p_i p_j G_{i,j}}{\sum\limits_{i \neq j} G_{i,j}^2}$$

# Consistency of the heritability estimator

### Theorem (Consistency)

 $\hat{\eta}$  is a consistent estimator of  $\eta^{\star}$ , that is

$$\hat{\eta} \xrightarrow{P} \eta^*$$

when  $n \to +\infty$ ,  $N \to +\infty$  and  $n/N \to a > 0$ , under mild assumptions on the matrix Z.

### Numerical results

Comparison of the estimators  $\hat{\eta}^{(1)}$  and  $\hat{\eta}^{(2)}$  obtained respectively with the first and second order approximations of  $\mathbb{E}[p_i p_j | \mathbf{Z}, S_i = S_j = 1]$ .



Figure: Performance of  $\hat{\eta}^{(1)}$  and  $\hat{\eta}^{(2)}$  for n = 100, N = 10000 and different values of k: 0.1 (left), 0.01 (middle) and 0.005 (right).

 $\triangleright$  The numerical results obtained with the two approximations are similar.

## Conclusions and perspectives

Conclusions

- Quantitative traits: we proposed a hybrid estimator which includes a selection step in very sparse scenarios and behaves like the maximum likelihood estimator otherwhise.

- Binary traits: we showed the consistency of the heritability estimator proposed by Golan et al. (2014).

Perspectives

- Quantitative traits: study the biological pathways between the lists of selected SNPs.

- Binary traits: consider sparsity, build accurate confidence intervals.

### References

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